Ageing of the European Population and Its Effects on Financial Markets

by Bruno Pfister*

The European economy is currently experiencing some challenging times marked by excessive sovereign debt, low economic activity and (in some areas) extremely worrying unemployment levels. Faced with such pressing issues, Europe’s policymakers have more than enough to deal with in trying to restore confidence in the economy. However, the continent’s economic challenges are by no means restricted to these immediate problems. On the contrary, there is a proverbial elephant in the room that may well turn out to be the biggest challenge of them all: an ageing population.

The European baby boom happened in the mid-1950s. The proportion of retired people relative to the working population is therefore set to rise sharply in the near future. This will inevitably involve a degree of change within society as senior citizens make their presence felt. The most widely-publicised of these changes is raising pension and healthcare costs and their resulting economic burden. However, the influence of pensioners goes beyond the cost of funding their retirement: pensioners are a dynamic group, who consume and make investment decisions. As the impact of these decisions grows there will be a knock-on effect for the wider economy. This article examines how the third generation can influence the financial markets and aims to identify some challenges this influence may pose to European policymakers over the mid to long-term.

The situation in the U.S. sets an interesting precedent as their baby boom occurred ten years earlier than in Europe. The chart herewith compares the actual S&P500 P/E trailing ratio until the end of 2011 to a demographic-based P/E progression. It is striking how the two lines almost mirror each other. This proves, for the past 50 years at least, that U.S. equity markets have developed more or less in tandem with demographic trends. The chart also shows a future demographic-based projection of the P/E ratio, which indicates a prolonged trend of very low equity valuations.

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The correlation between demographics and the trailing ratio reflects the changing attitudes of the baby boomers as they stop work and sell off their acquired assets, especially the risky ones, to finance their retirement. Indeed, it is uncontested that older investors are less risk-tolerant than their younger counterparts. Furthermore, Europe is ageing faster than America as its population growth is slowing at the same time as it is getting older. The population of the U.S. grew nine times as much as in Europe during the last 20 years (22.5 per cent vs. 2.5 per cent). According to United Nations projections, Europe’s total population will peak in 2020.

This combination of an ageing population and declining workforce will have a dampening effect on growth. As mentioned above, pensioners tend to avoid risk and, as they grow as an investor segment, market participants will anticipate that equities will perform poorly, which will hamper stock market performance. In addition, an ageing population leads to relative scarcity of labour, dampening productivity rates and the return on capital, which also reduces asset values.

This effect of Europe’s top heavy population structure will add weight to the economic problems already facing the European economy, which are also steering investors towards what they perceive to be secure investment solutions. Furthermore, new regulations such as Basel III, Solvency II and consumer protection laws are supporting and even accelerating this trend. Regulators are forcing banks, pension funds and especially insurance companies to invest mainly in low-risk assets. The outcome of this investment behaviour is an asymmetric investment pattern, which basically overlooks the private sector in favour of government bonds.

This trend is already apparent at an institutional level. The corporate sector has built up liquidity reserves. In addition, investors have in many cases already reduced the risk component of their asset portfolios: European insurers and pension funds are mostly invested in fixed income instruments with small to very small equity allocations. Real estate has gained in importance as an asset class, although the investment spectrum is limited, especially in small markets. Finally, most company pension schemes in Europe and the U.S. are underfunded. This is far from an ideal state of affairs as it pushes down the returns from low-risk assets, thus preventing investors from achieving their targeted returns.

In this context, a leading Swiss consulting firm recently stated that bonds issued by the Swiss Confederation were extremely unlikely to generate 2 per cent annual yields over the next ten years.

This type of economic environment can induce a credit crunch in the economy. If the private sector lacks funds to invest, economic activity becomes sluggish and depresses the rate of GDP growth, as is currently happening in a number of European countries. Admittedly, this would probably trigger some sort of reaction, for example the corporate sector refinancing through bonds as opposed to equities, or investors turning elsewhere for higher yields. Nevertheless, these reactions would still be outweighed by the more forceful risk-averse behaviour.

A credit crunch causes central banks to lower interest rates in an attempt to inject some life back into the economy. This tactic does bring some benefits as it encourages investment and keeps mortgage repayments and refinancing costs down. However, it can prove problematic over the longer term as market forces are not necessarily reflected in prices, which can lead to investment bubbles. This scenario has also recently been seen in Europe, notably in the form of the real estate boom followed by a bust in the U.K., Ireland and Spain.

So to recap, Europe is currently going through a tough time economically due to excessive debt levels and subdued economic activity. The imminent ageing of its population, supported by stringent regulatory requirements, is set to challenge the continent’s economic vitality even more as it entails a “flight to safety” on the financial markets and reduces productivity rates as the proportion of those in employment falls relative to the proportion of pensioners. The immediate response to this situation would seem to involve keeping interest rates down; however this is not sustainable over the long term. The other option (inflation) is equally, or possibly even more unsustainable as it increases the cost of debt unacceptable given the current state of public finances in many countries and, in any case, would be incompatible with the inflation targets of European central banks.

This state of affairs also has a precedent within the global economy. This time it is Japan, which began to experience an ageing population in a low interest rate environment following its stunning success during the 1980s. That period of prosperity was followed by a financial crisis when the real estate and equity market bubble burst at the beginning of the 1990s, signalling the start of a long spell of stagnation. Annual GDP growth fell from 4.6 per cent in the 20 years before 1990 to a mere 0.9 per
cent over the next 20 years. 1990 was also when Japan’s proportion of pensioners compared to the working population reached its lowest point. The working age population continued to slowly grow for a couple more years, but by the middle of the 1990s, it began a steady decline that is projected to continue for several decades to come.

By 2010 Japan’s working age population was more than 5 per cent smaller than in 1990, while the population of 65 years and over more than doubled from 17 to 37 million over the same period. Admittedly, this is a marked change in population structure. At the same time, given growing life expectancies and current demographic trends, the population structure within Europe may change just as much, or even more. The chart herewith, which depicts the old-age dependency ratio for Germany illustrates this point. This ratio compares the population aged 65 or over with the population between 15 and 64 (those potentially in employment). The chart shows a massive projected increase in this ratio after 2020 as the number of new retirees grows much faster than the number of new workers.

The combined impact of demographics and regulatory requirements is threatening to lead Europe down the slippery slope to the economic malaise currently affecting Japan. Consider the following:

- A long period of ultra-low benchmark rates set by the central bank.
- Banks carrying too much debt, resulting in a large number of zombie banks which are just surviving by purchasing government bonds and hoping for a better future instead of doing their real job.
- No growth impulses from the government sector.
- A credit crunch in the private sector.
- Dampered growth perspectives threatening a prolonged disinflationary/deflationary environment.

It’s a rather bleak scenario, but is it avoidable? Demographically speaking it obviously is not: ageing is baked in the cake and there is a wealth of evidence to confirm that. However, on the investment front, the superior growth prospects of the emerging markets could provide the tonic the Western world needs. The requirement of tomorrow’s retirees in the ageing world for high investment returns and the hunger for capital in the emerging nations could be satisfied through the developed world’s pension assets. In this context, the emerging economies can also counter the developed world’s demographic deficit as they are relatively young and will likely continue to add population.

However, it’s not that simple, not yet at least. For a start the emerging markets would need to relax their capital controls. In addition, regulatory constraints binding pension funds prevent them from taking any significant stake in global diversification. It’s also important not to place all the eggs in one basket, as it could cause the emerging markets to overheat given a potentially massive inflow of funds.

Nevertheless, the impact of ageing is too big to ignore and policymakers will have to take it into account as they look to the future, especially in the current situation of unsustainable sovereign debt and underfunded pension liabilities. The accentuating impact of new regulation only adds weight to this somewhat sombre outlook. Add central banks and political agendas to the mix and a potent concoction of trends and short-term interests emerges, all of them weighing on the markets. Something will have to give.

In fact there are some changes already in evidence. For example, some countries are introducing labour market reforms to reflect growing life expectancy. In 2010, the labour force participation rate of the 55-64 age group in Europe was close to 50 per cent. Switzerland was one of the leading countries with substantially over 80 per cent. Furthermore, many countries have now lifted the statutory retirement age as a reaction to widening gaps in financing pension schemes. And more may follow.

In addition, the dynamism of the ageing population referred to earlier will also impact consumption patterns, boosting demand in a range of areas, such as leisure or healthcare. At the same time, if pensioners are to be able to afford these services, they will still need adequate pension provision. This
again highlights the need for action both by pensioners themselves and at an institutional and national level.

To conclude therefore, an ageing population clearly affects the financial markets in a way which, particularly in view of the current situation in Europe, is not conducive to economic growth. Tinkering at the edges of the problem by increasing spending or lowering interest rates is not a sustainable option over the long term. More fundamental changes are required.

Economics is admittedly not a precise science and it is notoriously difficult to predict. People will retire later on in life and more flexible forms of employment will increase. In fact this is already happening. The structure of economic activity will continue to change as it has always done. However, that is no excuse to adopt a wait-and-see approach to global ageing. This issue goes beyond pure economics; it is a fundamental social certainty that governments are going to have to face up to, possibly by introducing measures that initially appear radical. If the traditionally secure investments (bonds, real estate) start to lose their appeal, where will investors turn? Will the regulatory regime allow them to truly embrace the promise of globalisation?

Time will tell; however the evidence does suggest that when dealing with the issue of global ageing, fortune will favour the brave.

References